

SUSSEX COUNTY AAA CROSS COUNTRY CHAMPIONSHIPS 2003 / 04 SEASON

JANUARY 10TH 2004 AT STANMER PARK

LIST OF CLUBS

A2T	Amphibians 2 Tri Club	HBS	Horsham Blue Star Harriers
A80	Arena 80 AC	HHH	Haywards Heath Harriers
BEX	Bexhill Runners Ac	HOJ	Horsham Joggers
B&H	Brighton & Hove City AC	LEW	Lewes AC
CHI	Chichester Runners AC	LIN	Lingfield Running Club
CRA	Crawley AC	PHX	Phoenix AC
CRO	Crowborough Runners	S&S	Saints & Sinners
EBR	Eastbourne Rovers AC	SST	Seaford Striders
EGD	East Grinstead & District AC	TFT	Tuff Fitty Tri Club
GOR	Goring Road Runners	WDH	Worthing & District Harriers
HAI	Hailsham Harriers	WST	Worthing Striders
HAS	Hastings AC		

Under 13 Girls 2.5KM / 1.6Miles

Pos.	Time	No.			
1	8:46	43	Sundai	Boulton	PHX
2	9:00	53	Abigail	Fowlie	WDH
3	9:06	48	Savannah	Echel-Thomson	PHX
4	9:08	20	Emma	Stevenson	CRO
5	9:16	15	Kayleigh	Veentjer	CHI
6	9:18	47	Stephanie	Dowd	PHX
7	9:21	4	Holly	Horsley	B&H
8	9:21	41	Charlotte	White	LEW
9	9:35	37	Lizzie	Keep	LEW
10	9:37	30	Amicia	Lee	HBS
11	9:46	50	Millie	Jones	PHX
12	10:01	21	Jordanna	Newbury	EBR
13	10:03	31	Chloe	Loader	HBS
14	10:05	46	Bethan	Curtis	PHX
15	10:16	26	Lydia	Howell	HAS
16	10:21	18	Elizabeth	Maries	CRA
17	10:24	55	Emily	Herring	WDH
18	10:27	38	Francesca	Kirkham	LEW
19	10:31	10	Emma	Kearsey	CHI
20	10:32	42	Naomi	Berio-Allen	PHX
21	10:33	35	Darcie	Collier	LEW
22	10:33	6	Eve	Tatham	B&H
23	10:35	2	Bryony	Crickmore	B&H
24	10:39	5	Laura	Lambourne	B&H
25	10:40	39	Emily	Weaver	LEW
26	10:44	49	Alice	McGilligan	PHX
27	10:49	51	Hana	Teraie-Wood	PHX
28	10:52	9	Suzy	Fitzmaurice	CHI
29	10:53	54	Karis	Heathcote	WDH
30	11:01	44	Isabella	Comaschi	PHX
31	11:13	45	Alice	Crockett	PHX
32	11:13	13	Marcia	Miles	CHI
33	11:22	29	Dominique	Bodman	HBS
34	11:30	12	Chantel	Kennaugh	CHI
35	11:38	1	Megan	Cox	B&H
36	11:53	36	Yasmin	Collins	LEW
37	12:02	25	Samantha	Harris	HAS
38	12:08	52	Fern	Wells-Burton	PHX
39	12:52	56	Eva	Murray	WDH

TEAM RESULT

		Points
1	Phoenix 'A'	1+3+6
2	Lewes 'A'	8+9+18
3	Phoenix 'B'	11+14+20
4	Worthing	2+17+29
5	Brighton	7+22+23
6	Chichester	5+19+28
7	Horsham	10+13+33
8	Lewes 'B'	21+25+36
9	Phoenix 'C'	26+27+30
	Total	10

Under 13 Boys 3.0KM / 1.8Miles

Pos.	Time	No.			
1	9:10	91	Lewis	Hards	PHX
2	9:13	92	Finn	McNally	PHX
3	9:15	100	Tom	Marsden	WDH
4	9:20	90	Ashley	Williams	LEW
5	9:28	81	Andrew	Woods	HAS
6	9:36	80	Jethro	Light	HAS
7	9:40	67	Tom	Padginton	CHI
8	9:42	87	Richard	Luker	LEW
9	9:46	84	Josh	Burgess	LEW
10	9:49	72	Nicholas	Coulson	CRA
11	9:56	77	Adam	Clark	HAS
12	10:04	79	Peter	Henworth	HAS
13	10:06	69	Harry	Richardson	CHI
14	10:08	74	Sebastian	Rodger	EBR
15	10:10	71	Tom	Button	CRA
16	10:10	58	Daniel	Westcott	B&H
17	10:15	103	James	Pearcy	WDH
18	10:16	96	Liam	Da Costa	WDH
19	10:20	93	Calico	Wells-Burton	PHX
20	10:24	89	Adam	Wilkinson	LEW
21	10:28	85	Owen	Gorringe	LEW
22	10:36	62	Josh	Mutch	B&H
23	10:38	86	Joseph	Lee	LEW
24	10:42	98	Jamie	Jacklin	WDH
25	10:42	98	Jamie	Jacklin	WDH
26	10:49	97	Bradley	James	WDH
27	10:58	75	Matthew	Wentworth	EBR
28	11:00	88	Oliver	Thorogood	LEW
29	11:21	78	Henry	Burnham	HAS
30	11:46	94	Jake	Beard	WDH
31	13:14	95	Luke	Bonetti	WDH
32	13:18	102	Connor	Newman	WDH
33	16:07	104	Daniel	Seymour	WDH

TEAM RESULT

		Points
1	Lewes 'A'	4+8+9
2	Hastings 'A'	5+6+11
3	Phoenix	1+2+19
4	Worthing 'A'	3+17+18
5	Chichester	7+13+22
6	Lewes 'B'	20+21+24
7	Worthing 'B'	25+26+30
8	Worthing 'C'	31+32+33
	Total	96

Under 15 Girls 4.0KM / 2.5Miles

Pos.	Time	No.			
1	16:10	12	Emily	Goodall	CRA
2	16:17	31	Sophie	Coleman	PHX
3	16:35	15	Lucy	Baker	HAS

Under 15 Boys 4.0KM / 2.5Miles

Pos.	Time	No.			
1	14:03	88	Mark	Burchett	WDH
2	14:07	62	Sam	Gillert	CHI
3	14:08	71	Alex	Ambridge	HAS

4	16:39	27	Georgina	Rennie	LEW	4	14:09	72	David	Cooper	HAS
5	17:19	25	Rebecca	Hawkes	LEW	5	14:39	59	Ashley	Witcomb	B&H
6	17:20	24	Natasha	Collins	LEW	6	14:40	92	Adam	Stainsby	WDH
7	17:32	18	Monica	Walton	HAS	7	14:42	54	Jack	Hanrahan	B&H
8	17:34	9	Sarah	Walker	CHI	8	14:44	83	Matthew	Barrie	PHX
9	17:43	5	Ayesha	Miles	CHI	9	14:45	73	Stefan	Emary	HAS
10	17:47	30	Emily	Woodall	LEW	10	14:50	68	Darren	Tremble	CRA
11	17:52	16	Claire	Burnham	HAS	11	14:51	84	Timmy	Gedin	PHX
12	17:54	22	Alice	Waite	HBS	12	15:02	75	Oliver	Lambrechts	HAS
13	18:02	20	Annabelle	Hodgson	HBS	13	15:05	85	Sam	Rigby	PHX
14	18:06	6	Amy	Richardson	CHI	14	15:13	55	Daniel	Titherage	B&H
15	18:10	11	Jessica	Douglas	CRA	15	15:14	67	Chris	West	CHI
16	18:19	8	Laura	Varnes	CHI	16	15:36	80	Nick	Hearn	LEW
17	18:24	21	Frances	Parkes	HBS	17	15:54	57	Alex	Ward	B&H
18	18:31	32	Hannah	Curtis	PHX	18	15:57	74	David	Holland	HAS
19	18:35	19	Rebecca	Gould	HBS	19	15:58	91	Tom	Rhoden	WDH
20	18:49	3	Ashleigh	Ainger	CHI	20	16:02	87	Jack	Ashby	WDH
21	19:00	4	Natalie	Hill	CHI	21	16:06	69	Jonathan	Dennis	EBR
22	19:05	26	Belinda	Norris	LEW	22	16:37	76	Adam	Nichols	HAS
23	19:06	34	Nataly	Hungrecker	PHX	23	17:04	70	Fraser	Weir	EBR
24	19:06	1	Charley	Inglis	B&H	24	17:28	86	John	Leonard	TFT
25	19:08	10	Lauren	Cleaver	CRA	25	18:33	63	Duncan	Kennaugh	CHI
26	19:30	23	Jessica	Brownbridge	LEW	26	19:21	81	Jake	Scanlon	LEW
27	19:48	37	Harriet	Anstee	WDH	27	20:19	90	Nathan	Newman	WDH
28	21:12	29	Faye	Williams	LEW	28	21:52	89	Tim	Jolly	WDH
29	22:36	38	Lyndsey	Mantell	WDH						
30	22:40	40	Zoe	Yeandle	WDH						
31	22:44	39	Severina	Murray	WDH						

TEAM RESULT			Points
			Total
1	Hastings ' A'	3+4+9	16
2	Brighton	5+7+14	26
3	Worthing ' A'	1+6+19	26
4	Phoenix	8+11+13	32
5	Chichester	2+15+25	42
6	Hastings ' B'	12+18+22	52
7	Worthing ' B'	20+27+28	75

TEAM RESULT			Points
			Total
1	Lewes ' A'	4+5+6	15
2	Hastings ' A'	3+7+11	21
3	Chichester ' A'	8+9+14	31
4	Crawley	1+15+25	41
5	Horsham	12+13+17	42
6	Phoenix	2+18+23	43
7	Chichester ' B'	16+20+21	57
8	Lewes ' B'	10+22+26	58
9	Worthing	27+29+30	86

Under 17 Women 5.0KM / 3.2Miles

Pos.	Time	No.			
1	18:28	111	Katy	Moore	B&H
2	18:45	131	Sarah	Garrett	WDH
3	19:24	112	Florence	Ray	B&H
4	19:26	123	Rachael	Shram	CRA
5	19:29	121	Laura	Davies	CRA
6	19:32	124	Eloise	Lee	HBS
7	19:39	110	Esme	Jalla	B&H
8	19:42	127	Hannah	Bates	PHX
9	20:02	128	Keely	Gunn	PHX
10	21:41	129	Catherine	Rowan	PHX
11	21:43	125	Joscelin	Lowden	LEW
12	22:13	130	Danielle	Svoboda	PHX
13	22:58	117	Lauren	Kennaugh	CHI
14	23:19	118	Leann	McIntyre	CHI
15	23:59	126	Anna	Masters	LEW

TEAM RESULT			Points
			Total
1	Brighton	1+3+7	11
2	Phoenix	8+9+10	27

Under 17 Men 5.5KM / 3.5Miles

Pos.	Time	No.			
1	16:48	169	Lee	Jules	HAS
2	16:51	177	Robert	Mullett	LEW
3	16:53	174	Scott	Randall	HBS
4	16:55	182	Matt	Dumigan	WDH
5	17:01	163	Scott	Harris	EBR
6	17:03	167	Simon	Baker	HAS
7	17:09	172	David	Walton	HAS
8	17:13	179	Joe	Isherwood	PHX
9	17:18	158	Chris	Johnson	CRA

Junior / Senior Women 6.5KM / 4.1Miles

Pos.	Time	No.			
1	23:50	84	Rachel	Ogden	WDH
2	24:14	22	Julia	Armstrong	B&H
3	24:17	74	Emma	Satterly	PHX
4	25:09	39	Fiona	Clark	CRA
5	25:18	11	Vicky	Boyle	A80
6	25:22	17	Alice	Naylor	A80
7	25:28	25	Julia	Downes	B&H
8	26:05	58	Elsbeth	Linford	HBS
9	26:09	5	Kelly	Gunn	PHX

10	17:21	145	Alan	Ndikuriyo	B&H	10	26:17	24	Judith	Carder	B&H
11	17:39	180	Daniel	Stepney	PHX	11	26:19	63	Lucinda	Graves	LIN
12	17:43	164	Matt	Southam	EBR	12	26:20	16	Liz	Lumber	A80
13	17:55	166	Todd	Leckie	HAI	13	26:21	75	Gemma	Sharp	PHX
14	18:02	175	Joe	Pascoe	HHH	14	26:24	41	Sam	Alvarez	HAI
15	17:04	173	Richard	Hoad	HBS	15	26:30	18	Chris	Naylor	A80
16	18:04	156	Matthew	Thompson	CHI	16	26:36	40	Gill	Stevenson	CRO
17	18:06	168	Sam	Grain	HAS	17	26:38	65	Kate	Austen	PHX
18	18:14	165	Joshua	Varney	EBR	18	26:48	4	Hayley	Stanton	CRA
19	18:19	159	Brendan	MacCaoilte	CRA	19	27:01	3	Kirsty	Fenn	CRA
20	18:45	161	Alex	Dennis	EBR	20	27:17	31	Cathy	Quinton	B&H
21	18:49	160	Andrew	Nixon	CRA	21	27:17	72	Annie	Powis	PHX
22	18:50	146	Shaun	Wares	B&H	22	27:51	13	Julie	Drake	A80
23	18:51	142	Luke	Lambourne	B&H	23	27:55	20	Juliette	Parkin	A80
24	19:00	144	Josh	Moulard	B&H	24	27:59	27	Sue	Graysmark	B&H
25	19:51	181	Carl	Svoboda	PHX	25	28:01	6	Susan	Eames	WDH
26	21:35	171	James	Rowden	HAS	26	28:10	66	Liz	Austen	PHX
27	22:33	162	Michael	Georgeson	EBR	27	28:13	73	Emma	Rollings	PHX
Disqualified	170		Stephen	Jules	HAS	28	28:23	32	Catherine	Richards	B&H
Disqualified	140		Andrew	Donno	B&H	29	28:27	15	Jenny	Hughes	A80

TEAM RESULT

			Points
			Total
1	Hastings	1+6+7	14
2	Eastbourne	5+12+18	35
3	Phoenix	8+11+25	44
4	Crawley	9+19+21	49
5	Brighton	10+22+23	55

Junior Men 8.0KM / 5.0Miles

Pos.	Time	No.									
1	25:53	10	Craig	Ivemy	HAI	44	33:13	60	Rebecca	Sissons	HBS
2	26:49	20	Tom	Fuller	WDH	45	33:13	83	Janice	Lockyer	WDH
3	27:37	18	Nick	Lucas	LEW	46	33:52	56	Sheena	Bassett	HBS
4	27:42	8	Joel	Clewett	CRA	47	34:26	85	Dawn	Badman	WST
5	28:42	4	Conor	McClarnon	CHI	48	35:01	33	Lynn	Harley	CHI
6	29:13	16	Jonathan	Randle	HBS	49	35:07	23	Jaci	Blackwell	B&H
7	29:20	14	Paul	Wilson	HAS	50	35:47	37	Jill	Renson	CHI
8	29:54	2	Stephen	Granger-Bevan	B&H	51	35:47	53	Sue	Harris	HAS
9	29:58	1	John	Baxter	B&H	52	35:58	51	Stella	Fox	HAS
10	30:23	9	Dave	Lambert	CRA	53	36:04	49	Patience	Cooper	HAS
11	31:08	17	Tom	Grant	LEW	54	37:12	35	Sally	Lee	CHI
12	31:15	15	Martin	Pollard	HBS	55	41:56	61	Jenny	Denyer	HHH
13	31:29	22	Edward	O' Brien	WST	56	42:23	47	Tina	Brady	HAS
14	31:53	19	Richard	Clayton	WDH						
15	34:49	5	Paul	Hayward	CHI						
16	34:49	3	David	Bourne	CHI						

TEAM RESULT

			Points
			Total
1	Chichester	5+15+16	36

			Points
			Total
1	Arena 80 ' A'	5+6+12+15	38
2	Brighton ' A'	2+7+10+20	39
3	Phoenix ' A'	3+9+13+17	42
4	Worthing	1+25+34+35	95
5	Arena 80 ' B'	22+23+29+38	112
6	Phoenix ' B'	21+26+27+39	113
7	Brighton ' B'	24+28+30+37	119
8	Chichester	31+32+36+48	147
9	Hastings	43+51+52+53	199

Under 20 Women (held as combined race with Seniors)

Pos.	Time	No.			
1	26:09	5	Kelly	Gunn	PHX
2	26:48	4	Hayley	Stanton	CRA
3	27:01	3	Kirsty	Fenn	CRA
4	28:01	6	Susan	Eames	WDH
5	28:59	1	Jenni	Harley	CHI

Senior Men 12.0KM / 7.5Miles

Pos.	Time	No.			
1	38:15	129	Andrew	Robinson	HBS
2	39:32	149	Tom	Naylor	PHX
3	39:44	118	Ben	Warren	HAI
4	40:32	73	James	Baker	CHI
5	40:40	93	Kevin	Holland	CRA
6	40:47	52	Matt	Bristow	B&H
7	41:04	64	Keith	Newton	B&H
8	42:00	123	Emile	Tambah	HAS
9	40:12	67	Rob	Shannon	B&H
10	42:28	76	Joe	Foreshew	CHI
11	43:18	66	Paul	Prosser	B&H
12	43:26	89	Simon	Fortnam	CRA
13	43:32	106	John	Lowden	CRO

Senior Men Continued

Pos.	Time	No.			
77	53:19	178	Peter	Wirtzfeld	WST
78	53:42	32	Graham	Everson	A2T
79	53:43	168	Jeff	Burrows	WDH
80	53:48	34	Martin	Booty	A80
81	53:56	156	Timothy	Woodman	PHX
82	53:59	79	Colin	Harley	CHI
83	54:33	99	Andy	Mitchelson	CRA
84	54:40	165	Mark	Taylor	SST
85	54:57	86	Matthew	Cowdrey	CRA
86	54:57	125	William	Crawley	HBS
87	55:33	128	Christopher	Lee	HBS
88	55:50	162	Dave	Holden	SST
89	56:23	146	Malcolm	Kemp	PHX

14	43:57	102	Dave Rayner	CRA	90	56:28	111	Steve Warner	EGD
15	44:19	88	Tim Ellis	CRA	91	57:06	148	Michael Mergler	PHX
16	44:35	51	David Boyce	B&H	92	57:43	137	Adam Francis	PHX
17	44:38	50	Richard Airey	B&H	93	61:36	82	Mark Warrington	CHI
18	44:42	96	Tim Kimber	CRA	94	62:07	48	Mike Stokes	BEX
19	44:54	150	Timothy Parkin	PHX	95	62:09	153	Steve Smart	PHX
20	45:04	147	Robert Lacey	PHX	96	63:40	41	Roger Ockendon	A80
21	45:09	68	Louis Taub	B&H	97	63:59	45	Mark Clayton	BEX
22	45:14	71	Peter Witcomb	B&H	98	65:54	112	Ken Hales	GOR
23	45:16	69	Gary Timms	B&H	99	66:09	40	John Mason	A80
24	45:19	58	Steve Dabson	B&H					
25	45:22	72	Gary Woolgar	B&H				TEAM RESULT	Points
26	45:29	173	Peter Lay	WDH					Total
27	45:31	177	Richard Saunders	WDH	1	Brighton ' A'	6+7+9+11+16+17		66
28	45:31	155	Paul Wishart	PHX	2	Crawley ' A'	5+12+14+15+18+35		99
29	45:42	47	Paul Holdaway	BEX	3	Phoenix ' A'	2+19+20+28+32+34		135
30	45:50	115	Paul Eccles	HAI	4	Brighton ' B'	21+22+23+24+25+42		157
31	46:11	161	Geoff Gray	SST	5	Chichester	4+10+33+37+40+41		165
32	46:25	154	Matthew Sorokin	PHX	6	Phoenix ' B'	44+50+52+57+58+61		322
33	46:30	77	Jim Garland	CHI	7	Brighton ' C'	43+45+53+55+61+66		323
34	46:35	133	Paul Collicutt	PHX	8	Seaford Str.	31+36+38+54+84+88		331
35	46:55	90	Vince Golding	CRA	9	Crawley ' B'	46+49+51+73+83+85		387
36	47:02	159	Steve Dawson	SST	10	Arena 80	39+59+67+69+80+96		410
37	47:20	80	Rob Lee	CHI	11	Phoenix ' C'	64+65+70+72+81+89		441
38	47:23	163	Chris Piper	SST					
39	47:33	36	Paul Gasson	A80					
40	47:39	84	David Worcester	CHI					
41	47:54	83	Rob Wiggins	CHI					
42	48:06	53	Mike Brown	B&H					
43	48:23	62	Julian Langley	B&H					
44	48:24	136	Chris Edwards	PHX					
45	48:28	70	Neil Walford	B&H					
46	48:45	105	Dave Tibbles	CRA					
47	49:00	116	Paul Harris	HAI					
48	49:05	30	Mick Dicker	A2T					
49	49:11	103	Gary Thayre	CRA					
50	49:18	140	Phil Hampshire	PHX					
51	49:22	85	Terry Barnes	CRA					
52	49:27	152	Colin Simpson	PHX					
53	49:31	56	Brian Clark	B&H					
54	49:40	160	Paul Geoghegan	SST					
56	49:44	54	Kevin Bush	B&H					
56	49:55	166	Richard Capps	U/A					
57	50:05	138	Andy George	PHX					
58	50:17	143	Tony Holborn	PHX					
59	50:22	43	Philip Penfold	A80					
60	50:24	114	Doug Chant	HAI					
61	50:29	135	Miles Davidson	PHX					
62	50:43	108	A Crossley	EGD					
63	50:57	74	Amos Belcher	CHI					
64	50:58	151	Jon Pike	PHX					
65	51:01	134	Philip Couch	PHX					
66	51:04	63	Dan Maskell	B&H					
67	51:25	42	Robert Page	A80					
68	51:36	78	Alistair Kennaugh	CHI					
69	51:42	39	Tony Malby	A80					
70	51:52	142	Nigel Herron	PHX					
71	52:05	65	Josh Painter	B&H					
72	52:24	141	Roland Harrington	PHX					
73	52:27	100	Jim Parker	CRA					
74	52:28	31	Dave Evans	A2T					
75	52:38	110	Lance Quirico	EGD					
76	52:44	113	Richard Stubbings	GOR					