

Brooks - Sussex Cross Country Championships
Lancing Manor, Lancing 7th January 2006

U13 Girls (3.0 Km / 1.9 M)

Pos	Time	Num	Name	Club
1	11.48	33	Johanna Spannagl	HBS
2	12.42	19	Rebecca Eaton	EBR
3	12.44	45	Charlotte Firth	WDH
4	12.53	25	Stacey Clusker	HAS
5	13.00	12	Eleanor Purvis	CHI
6	13.18	27	April Johns	HAS
7	13.27	21	Jade Rose	EBR
8	13.33	46	Holly Jacklin	WDH
9	13.33	40	Amy Georgiou	PHX
10	13.33	24	Melissa Ruffell	HAI
11	13.52	47	Katie Percy	WDH
12	13.59	38	Angel Collins	PHX
13	14.02	31	Gabriella Harris	HBS
14	14.04	39	Alex Dowd	PHX
15	14.07	41	Amy Maggs	PHX
16	14.17	15	Beth Kidger	CRA
17	14.20	10	Jessica McKenzie	CHI
18	14.27	28	Elizabeth O'Shaugnessy	HAS
19	14.31	17	Rebecca White	CRA
20	14.32	26	Sophie Hunnisett	HAS
21	14.53	42	Rachael Phelps	PHX
22	14.55	43	Alice Wright	PHX
23	15.07	9	Natalie Matthews	CHI
24	15.12	34	Danielle Collins	LEW
25	15.22	30	Sophie Packer	HAS
26	15.23	50	Amber Wallace	WDH
27	15.26	35	Simone Collins	LEW
28	15.33	49	Sarah Wait	WDH
29	15.34	16	Megan Kidger	CRA
30	15.57	44	Kelly Colbourne	WDH
31	16.15	48	Tilly Sampson	WDH
32	16.18	13	Jessica Taylor	CHI
33	16.32	11	Emma Nicholson	CHI
34	17.46	14	Chloe Worthington	CHI
35	17.46	7	Becky Harman	CHI

Team Result

Pos	Team	1	2	3	Points
1	Worthing 'A'	3	8	11	22
2	Hastings 'A'	4	6	18	28
3	Phoenix 'A'	9	12	14	35
4	Chichester 'A'	5	17	23	45
5	Phoenix 'B'	15	21	22	58
6	Crawley	16	19	29	64
7	Worthing 'B'	26	28	30	84
8	Chichester 'B'	32	33	34	99

Brooks - Sussex Cross Country Championships
Lancing Manor, Lancing 7th January 2006

U15 Girls (3.9 Km / 2.4 M)

Pos	Time	Num	Name	Club
1	15.51	132	Sarah Wigmore	HBS
2	15.59	144	Abigail Fowlie	WDH
3	16.13	120	Niahm Macaolite	CRA
4	16.16	125	Sophie Kelley	HAS
5	16.24	146	Brittany Saville	WDH
6	16.48	140	Stephanie Dowd	PHX
7	16.53	129	Amicia Lee	HBS
8	16.55	145	Rebecca Moore	WDH
9	16.57	114	Ania Hiles	CHI
10	17.07	141	Theresa Gedin	PHX
11	17.26	135	Jessica Lewis	LEW
12	17.50	119	Kayleigh Veentjer	CHI
13	18.00	105	Grace Geilinger	B&H
14	18.05	131	Sarah True	HBS
15	18.09	121	Isabella Murray (Ind)	CRA
16	18.28	123	Emma Stevenson	CRO
17	18.36	133	Amy Carroll	LEW
18	18.38	130	Lizzie Strarup	HBS
19	18.40	124	Kayleigh Clusker	HAS
20	18.52	143	Rebecca Sier	SS
21	19.16	134	Alex Lambert	LEW
22	19.18	117	Chantel Kennaugh	CHI
23	19.30	107	Laura Lambourne	B&H
24	20.54	122	Tanya Pamment	CRA
25	21.06	126	Elisa Lovell	HAS
26	22.55	112	Amy Craddock	CHI
27	23.16	118	Marcia Miles	CHI
28	25.08	109	Phoebe Adams	CHI

Team Result

Pos	Team	1	2	3	Points
1	Worthing	2	5	8	15
2	Horsham ' A'	1	7	14	22
3	Chichester ' A'	9	12	22	43
4	Hastings	4	19	25	48
5	Lewes	11	17	21	49
6	Chichester ' B'	26	27	28	81

Brooks - Sussex Cross Country Championships
Lancing Manor, Lancing 7th January 2006

U17 Women (5.3 Km / 3.3 M)

Pos	Time	Num	Name	Club
1	22.35	214	Lucy Baker	HAS
2	23.15	221	Becky Hawkes	LEW
3	23.41	226	Sophie Coleman	PHX
4	23.45	219	Natasha Collins	LEW
5	24.04	223	Georgina Rennie	LEW
6	24.52	222	Belinda Norris	LEW
7	25.13	215	Rebecca Gould	HBS
8	25.39	207	Ayesha Miles	CHI
9	26.09	208	Amy Richardson	CHI
10	26.20	210	Jess Douglas	CRA
11	26.42	203	Zoe Donnelly	CHI
12	29.35	202	Emma Leeson	B&H
13	30.26	216	Annabelle Hodgson	HBS

Team Result

Pos	Team	1	2	3	Points
1	Lewes ' A'	2	4	5	11
2	Chichester ' A'	8	9	11	28

41	31.25	291	Tamar Coleman	A80	
42	31.28	338	Louise Ogle	HAI	
43	31.40	361	Hildi Mitchell	PHX	
44	31.45	337	Maria Hillman	HAI	
45	31.45	334	Jane Barlow	HAI	
46	31.45	316	Jenny Williams	B&H	
47	31.58	355	Julie Essex	HHH	
48	32.06	353	Helen Bullimore	HHH	
49	32.10	371	Susan Eames	WDH	
50	32.24	364	Teresa Howell	SS	
51	32.27	358	Jane Edmonds	PHX	
52	32.59	331	Nicky Watts	CRO	
53	33.13	359	Liz Halliday	PHX	
54	33.17	343	Mieke Howell	HAS	
55	33.28	375	Dawn Badman	WST	
56	33.42	370	Philippa Challis	WDH	
57	33.50	372	Janice Lockyer	WDH	
58	34.04	319	Tracy Jayant	CHI	
59	34.29	335	Sandra Butters	HAI	
60	35.07	285	Harriet Delbridge	HHH	U20
61	35.13	363	Natalie Dawson	SS	
62	35.26	321	Jill Renson	CHI	
63	36.16	303	Claire Brooks	B&H	
64	38.02	332	Sharon Wheeler	CRO	
65	39.15	341	Marion Underdown	HAI	
66	40.37	330	Brenda Styles	CRO	
67	43.08	354	Jenny Denyer	HHH	

Team Result

Pos	Team	1	2	3	4	Points
1	Brighton ' A'	1	6	9	10	26
2	Arena 80 ' A'	8	11	13	16	48
3	Phoenix ' A'	5	12	26	43	86
4	Hailsham ' A'	2	15	29	42	88
5	Arena 80 ' B'	20	21	25	30	96
6	Worthing	4	22	28	49	103
7	Brighton ' B'	19	24	32	34	109
8	Seaford	17	36	40	50	143
9	Chichester ' A'	3	33	58	62	156
10	Crowborough	27	52	64	66	209
11	Hailsham ' B'	44	45	59	65	213
12	Haywards H	47	48	60	67	222

Brooks - Sussex Cross Country Championships
Lancing Manor, Lancing 7th January 2006

U13 Boys (3.0 Km / 1.9 M)

Pos	Time	Num	Name	Club
1	11.25	93	Charlie Grice	PHX
2	11.30	61	Harry Lighton	CHI
3	11.49	72	Billy Payne	EBR
4	11.51	92	Will Gray	PHX
5	11.56	96	Max Pickard	PHX
6	11.59	67	Jonny Aston	CRA
7	12.02	84	Benedict Burgess	LEW
8	12.10	85	Tom Glen	LEW
9	12.13	81	Max Thomas	HAS
10	12.16	73	Aaron Capon	HAI
11	12.24	76	Jago Leckie	HAI
12	12.34	57	Sam Bryan	CHI
13	12.43	56	Brandon Theovex	B&H
14	12.45	79	Michael Kelly	HAS
15	12.46	52	Cameron Harkness	B&H
16	12.49	94	Patrick Hough	PHX
17	12.51	63	Nick Robson	CHI
18	12.53	54	Kieran Silsby	B&H
19	12.58	69	Edward Dodd	EBR
20	13.00	88	Jacob Magnus	LEW
21	13.04	97	Keir Richardson	PHX
22	13.05	87	Matthew Hobden	LEW
23	13.07	95	Sam Kail	PHX
24	13.08	89	Adam Wilkinson	LEW
25	13.10	82	Warwick Meyler	HBS
26	13.11	86	Ludo Goodlife	LEW
27	13.28	53	Sam Fall	B&H
28	13.30	100	Marcus Stainsby	WDH
29	13.32	91	Ryan Byrne	PHX
30	13.41	78	Ben Fuller	HAS
31	14.00	90	Stefan Barrie	PHX
32	14.13	98	James Sier	SS
33	14.18	103	Daniel Thompsett	WDH
34	14.23	55	James Streeter	B&H
35	14.36	59	James Holland	CHI
36	14.37	102	Henry Teague-Smith	WDH
37	14.57	99	John Morrey	WDH
38	17.04	101	Ben Swift	WDH

Team Result

Pos	Team	1	2	3	Points
1	Phoenix ' A'	1	4	5	10
2	Chichester ' A'	2	12	17	31
3	Lewes ' A'	7	8	20	35
4	Brighton	13	15	18	46
5	Hastings	9	14	30	53
6	Phoenix ' B'	16	21	23	60
7	Lewes ' B'	22	24	26	72
8	Worthing	28	33	36	97

Brooks - Sussex Cross Country Championships
Lancing Manor, Lancing 7th January 2006

U15 Boys (4.4 Km / 2.7 M)

Pos	Time	Num	Name	Club
1	15.52	191	Lewis Hards	PHX
2	16.00	190	Ashley Williams	LEW
3	16.10	192	Finn McNally	PHX
4	16.19	177	Adam Clarke	HAS
5	16.23	189	Matthew Suter	LEW
6	16.34	199	Tom Marsden	WDH
7	16.37	149	James McCarthy	B&H
8	16.41	184	Joshua Burgess	LEW
9	17.15	182	Nathaniel Rowland	HBS
10	17.17	166	Harry Richardson	CHI
11	17.21	167	Charlie Roe	CHI
12	17.48	168	Sam Roe	CHI
13	18.06	193	Ewan Richardson	PHX
14	18.17	172	Tom Button	CRA
15	18.18	156	Lewis Adams	CHI
16	18.21	153	Joe Steel-Martin	B&H
17	18.21	148	Max Letchfield	B&H
18	18.24	151	Joshua Mutch	B&H
19	18.25	197	Jamie Jacklin	WDH
20	18.31	173	Matt Barber	EBR
21	18.31	196	Michael Di Laura	WDH
22	18.34	158	Richard Ford	CHI
23	18.49	147	Jamie Crelin	B&H
24	18.58	154	Chris Woolcott	B&H
25	19.04	186	Louis Gower	LEW
26	19.06	185	Owen Gorringe	LEW
27	19.10	198	Bradley James	WDH
28	19.26	183	Jamie Titshall	HHH
29	19.28	176	Josh Zahangir	EBR
30	19.44	187	James Hawkes	LEW
31	19.45	200	James Percy	WDH
32	20.15	194	Calico Wells-Burton	PHX
33	20.42	195	Jon Mason	STY
34	21.12	201	James Ward	WDH

Team Result

Pos	Team	1	2	3	Points
1	Lewes ' A'	2	5	8	15
2	Phoenix	1	3	13	17
3	Chichester ' A'	10	11	12	33
4	Brighton ' A'	7	16	17	40
5	Worthing ' A'	6	19	21	46
6	Brighton ' B'	18	23	24	65
7	Lewes ' B'	25	26	30	81
8	Worthing ' B'	27	31	34	92

Brooks - Sussex Cross Country Championships
Lancing Manor, Lancing 7th January 2006

U17 Men (5.3 Km / 3.3 M)

Pos	Time	Num	Name	Club
1	18.41	263	Matthew Basford	LEW
2	18.42	266	Matt Barrie	PHX
3	18.51	252	David Cooper	HAS
4	18.55	269	Mark Burchett	WDH
5	19.14	274	Adam Stainsby	WDH
6	19.15	253	Stefan Emary	HAS
7	19.19	259	Adam Barlow	HBS
8	19.25	246	Chris West	CHI
9	19.39	233	Ashley Witcomb	B&H
10	19.49	234	James Adams	BTS
11	20.03	249	Chris Dodd	EBR
12	20.16	236	Andrew Wilkinson	BTS
13	20.22	235	Ricky Garzia	BTS
14	20.29	229	Max Fryer	B&H
15	20.33	227	William Costa	B&H
16	20.42	238	David Cox	CHI
17	20.54	250	Fraser Weir	EBR
18	21.02	254	Jason Jeffery	HAS
19	21.10	241	Aaron Hancock	CHI
20	21.20	268	Carl Grounds	SS
21	21.27	248	Jonathan Dennis	EBR
22	22.03	255	David Holland	HAS
23	22.14	247	Liam Ward	CRA
24	22.19	243	John Leonard	CHI
25	22.34	251	Toby Woolley	EBR
26	22.46	228	Stephen Denman	B&H
27	23.06	271	Graham Hill	WDH
28	23.23	231	Dan Titheradge	B&H
29	23.23	273	Nathan Newman	WDH
30	24.08	260	Nick Boutal	HHH
31	25.04	270	Noel Crack	WDH
32	26.17	242	Duncan Kennaugh	CHI
33	28.02	261	Nathan Fox	HHH
34	29.26	262	Matthew Plunkett	HHH

Team Result

Pos	Team	1	2	3	Points
1	Hastings ' A'	3	6	18	27
2	Bodyworks	10	12	13	35
3	Worthing ' A'	4	5	27	36
4	Brighton ' A'	9	14	15	38
5	Chichester ' A'	8	16	19	43
6	Eastbourne	11	17	21	49
7	Haywards H	30	33	34	97

Brooks - Sussex Cross Country Championships
Lancing Manor, Lancing 7th January 2006

U20 Men (8.2 Km / 5.1 M)

Pos	Time	Num	Name	Club
1	29.19	203	Tom Bilham	CHI
2	29.59	201	Andrew Donno	B&H
3	30.08	225	Jonathan Randle	HBS
4	30.17	213	Chris Johnson	CRA
5	31.34	217	Scott Harris	EBR
6	32.05	230	Dan Stepney	PHX
7	32.11	219	Joshua Varney	EBR
8	33.11	231	Matthew Dumigan	WDH
9	33.29	209	Paul Hayward	CHI
10	33.30	218	Matt Southam	EBR
11	33.30	202	Luke Lambourne	B&H
12	35.03	216	Alex Dennis	EBR
13	40.16	215	Anthony Shaw	CRA
14	41.19	222	James Rowden	HAS
15	49.35	210	Thomas Leonard	CHI

Team Result

Pos	Team	1	2	3	Points
1	Eastbourne	5	7	10	22
2	Chichester ' A	1	9	15	25

Brooks - Sussex Cross Country Championships
Lancing Manor, Lancing 7th January 2006

Sen Men (11.8 Km / 7.4 M)

Pos	Time	Num	Name	Club
1	41.28	342	Ben Warren	HAI
2	41.58	310	Louis Jones	CRA
3	42.15	311	Joel Kidger	CRA
4	42.19	258	Matthew Bristow	B&H
5	42.49	265	Keith Newton	B&H
6	43.22	277	James Baker	CHI
7	43.49	363	Josh Guilmant	PHX
8	43.58	263	Nigel Gates	B&H
9	44.04	397	Edward O' Brien	WST
10	44.34	350	Henry Mountcastle	HAS
11	44.50	232	Ian Smith	AAA
12	45.00	304	Joel Clewett	CRA
13	45.17	309	Kevin Holland	CRA
14	45.22	252	Jason Benniman	B&H
15	45.34	255	David Boyce	B&H
16	45.37	306	Viesturs Dude	CRA
17	45.57	249	Richard Airey	B&H
18	46.01	312	Tim Kimber	CRA
19	46.10	236	Mats Gedin	A80
20	46.32	317	Dave Rayner	CRA
21	46.42	321	John Lowden	CRO
22	47.11	307	Tim Ellis	CRA
23	47.36	267	Paul Prosser	B&H
24	47.40	289	Andrew Moore	CHI
25	48.01	270	Louis Taub	B&H
26	48.05	329	Ben Ivorson	EGD
27	48.06	389	John McGrath	WDH
28	48.19	299	Gary Wright	CHI
29	48.41	360	Bruce Faulkner	PHX
30	48.46	283	Dave Dorning	CHI
31	49.00	284	Joe Foreshew	CHI
32	49.03	388	Peter Lay	WDH
33	49.06	333	Paul Eccles	HAI
34	49.14	315	Jonathan Mortimer	CRA
35	49.26	308	Vince Golding	CRA
36	49.35	372	James Miles	PHX
37	49.36	272	Tom Ulliot	B&H
38	49.45	338	Paul Payne	HAI
39	49.52	251	John Baxter	B&H
40	49.56	393	Frank Ward	WDH
41	50.12	261	Stephen Dabson	B&H
42	50.21	358	Paul Collicutt	PHX
43	50.23	335	Paul Harris	HAI
44	50.24	357	Ben Clark	PHX
45	50.34	298	Rob Wiggins	CHI
46	50.49	238	Mark Gregory	A80
47	50.52	383	Ryan Stewart	SS
48	50.56	318	Dave Tibbles	CRA
49	51.00	296	Mark Warrington	CHI
50	51.12	290	Richard Moore	CHI
51	51.27	332	Steve Avery	HAI
52	51.30	320	Kevin Battell	CRO
53	51.34	303	Chris Cheeseman	CRA
54	51.36	361	Brian Friend	PHX
55	51.38	377	Tom Glandfield	SS
56	51.57	366	Nigel Herron	PHX
57	52.02	301	Dave Beattie	CRA
58	52.17	273	Neil Walford	B&H

Sen Men (11.8 Km / 7.4 M)

59	52.27	375	Steve Dawson	SS
60	52.35	323	Roger Stone	CRO
61	52.42	376	Dave Ellis	SS
62	52.52	387	Paul Franklin	WDH
63	52.57	368	Malcolm Hughes	PHX
64	52.58	245	Dan Street	A80
65	53.00	237	Niall Griffin	A80
66	53.10	348	Dale Martin	HAS
67	53.33	356	Tim Popkin	HHH
68	53.46	340	Andy Ruffel	HAI
69	53.48	276	Stuart Wilkinson	BTS
70	53.52	244	Michael Miller	A80
71	54.01	240	Julian Hollingdale	A80
72	54.07	391	Dave Roberts	WDH
73	54.32	239	Colin Hannant	A80
74	54.40	305	Matthew Cowdrey	CRA
75	55.04	281	Tony Cooley	CHI
76	55.26	354	Christopher Lee	HBS
77	55.36	398	Peter Wirtzfeld	WST
78	55.39	302	Jeremy Carmichael	CRA
79	55.57	385	Malcolm Campbell	WDH
80	55.59	380	Dave Holden	SS
81	56.13	286	Alistair Kennaugh	CHI
82	56.41	241	Gary Jones	A80
83	56.52	382	Chris Piper	SS
84	56.58	365	Roland Harrington	PHX
85	57.07	379	Gary Hatcher	SS
86	57.09	243	Simon Maggs	A80
87	57.14	328	Tony Crossley	EGD
88	57.16	314	Andy Mitchelson	CRA
89	57.20	313	Dan Maskell	CRA
90	57.38	330	Lance Quirico	EGD
91	58.49	370	Malcolm Kemp	PHX
92	58.58	235	Colin Bushby	A80
93	59.00	325	James Welbury	CRO
94	59.27	384	Mark Taylor	SS
95	59.34	369	Chris Isherwood	PHX
96	59.41	233	Martin Booty	A80
97	59.54	353	William Crawley	HBS
98	60.21	364	Andrew Haig	PHX
99	60.33	346	Dean Clusker	HAS
100	60.39	234	Jonathan Britten	A80
101	60.50	394	Mark Watson	WDH
102	60.55	331	Steve Warner	EGD
103	61.52	297	Bob West	CHI
104	63.18	322	Peter Maddison	CRO

Team Result

Pos	Team	1	2	3	4	5	6	Points
1	Brighton ' A'	4	5	8	14	15	17	63
2	Crawley ' A'	2	3	12	13	16	18	64
3	Chichester ' A'	6	24	28	30	31	45	164
4	Crawley ' B'	20	22	34	35	48	53	212
5	Phoenix ' A'	7	29	36	42	44	54	212
6	Brighton ' B'	23	25	37	39	41	58	223
7	Hailsham	1	33	38	43	51	68	234
8	Worthing ' A'	27	32	40	62	72	79	312
9	Arena 80 ' A'	19	46	64	65	70	71	335
10	Seaford	47	55	59	61	80	83	385
11	Phoenix ' B'	56	63	84	91	95	98	487
12	Arena 80 ' B'	73	82	86	92	96	100	529

1130 Under 13 Girls 3.0KM / 1.9Miles

2005 Winner: Abigail Fowlie (WDH)
Team: Lewes AC

1	Ella	Cooper	B&H
2	Naomi	Cove	B&H
3	Katie	Siegler	B&H
4	Rachel	Titheradge	B&H
5	Phillippa	Wilson	B&H
6	Coco	Allingham	CHI
7	Becky	Harman	CHI
8	Katie	Johnson	CHI
9	Natalie	Matthews	CHI
10	Jessica	McKenzie	CHI
11	Emma	Nicholson	CHI
12	Eleanor	Purvis	CHI
13	Jessica	Taylor	CHI
14	Chloe	Worthington	CHI
15	Beth	Kidger	CRA
16	Megan	Kidger	CRA
17	Rebecca	White	CRA
18	Chloe	Cook	EBR
19	Rebecca	Eaton	EBR
20	Emma	Noel	EBR
21	Jade	Rose	EBR
22	Gabby	Scott	EBR
23	Madelyne	Bridgewater	HAI
24	Melissa	Ruffell	HAI
25	Stacey	Clusker	HAS
26	Sophie	Hunnisett	HAS
27	April	Johns	HAS
28	Elizabeth	O' Shaugnessy	HAS
29	Laura	Over	HAS
30	Sophie	Packer	HAS
31	Gabriella	Harris	HBS
32	Yazmin	Pinchen	HBS
33	Johanna	Spannagl	HBS
34	Danielle	Collins	LEW
35	Simone	Collins	LEW
36	Yasmin	Williams	LEW
37	Sarah	Bowie	PHX
38	Angel	Collins	PHX
39	Alex	Dowd	PHX
40	Amy	Georgiou	PHX
41	Amy	Maggs	PHX
42	Rachael	Phelps	PHX
43	Alice	Wright	PHX
44	Kelly	Colbourne	WDH
45	Charlotte	Firth	WDH
46	Holly	Jacklin	WDH
47	Katie	Pearcy	WDH
48	Tilly	Sampson	WDH
49	Sarah	Wait	WDH
50	Amber	Wallace	WDH
51	Emma	Napper	U/A

1145 Under 13 Boys 3.0KM / 1.9Miles

2005 Winner: Finn McNally (PHX)
Team: Lewes AC

52	Cameron	Harkness	B&H
53	Sam	Fall	B&H
54	Kieran	Silsby	B&H
55	James	Streeter	B&H
56	Brandon	Theovex	B&H
57	Sam	Bryan	CHI
58	Eddie	Hillyer	CHI
59	James	Holland	CHI
60	George	Grainger	CHI
61	Harry	Lighton	CHI
62	Jamie	Moore	CHI
63	Nick	Robson	CHI
64	David	Styles	CHI
65	James	Tasker	CHI
66	Marcus	Taylor	CHI
67	Jonny	Aston	CRA
68	David	Coby	EBR
69	Edward	Dodd	EBR
70	Jonathan	Ketley	EBR
71	Luke	Newbury	EBR
72	Billy	Payne	EBR
73	Aaron	Capon	HAI
74	Ryan	Elsbury	HAI
75	Johann	Fessey	HAI
76	Jago	Leckie	HAI
77	Thomas	Faulkener	HAS
78	Ben	Fuller	HAS
79	Michael	Kelly	HAS
80	Ross	Skelton	HAS
81	Max	Thomas	HAS
82	Warwick	Meyler	HBS
83	Sam	Bennett	LEW
84	Benedict	Burgess	LEW
85	Tom	Glen	LEW
86	Ludo	Goodlife	LEW
87	Matthew	Hobden	LEW
88	Jacob	Magnus	LEW
89	Adam	Wilkinson	LEW
90	Stefan	Barrie	PHX
91	Ryan	Byrne	PHX
92	Will	Gray	PHX
93	Charlie	Grice	PHX
94	Patrick	Hough	PHX
95	Sam	Kail	PHX
96	Max	Pickard	PHX
97	Keir	Richardson	PHX
98	James	Sier	SS
99	John	Morrey	WDH
100	Marcus	Stainsby	WDH
101	Ben	Swift	WDH
102	Henry	Teague-Smith	WDH
103	Daniel	Thompsett	WDH

1200 Under 15 Girls 3.9KM / 2.4Miles

**2005 Winner: Sarah Wigmore (HBS)
Team: Lewes AC**

104	Megan	Cox	B&H
105	Grace	Gellinger	B&H
106	Holly	Horsley	B&H
107	Laura	Lambourne	B&H
108	Eve	Tatham	B&H
109	Phoebe	Adams	CHI
110	Fiona	Clinch	CHI
111	Natasha	Cox	CHI
112	Amy	Craddock	CHI
113	Suzy	Fitzmaurice	CHI
114	Ania	Hiles	CHI
115	Rosie	Hiles	CHI
116	Emma	Kearsey	CHI
117	Chantel	Kennaugh	CHI
118	Marcia	Miles	CHI
119	Kayleigh	Veentjer	CHI
120	Niahm	Macaolite	CRA
121	Isabella	Murray	CRA
122	Tanya	Pamment	CRA
123	Emma	Stevenson	CRO
124	Kayleigh	Clusker	HAS
125	Sophie	Kelley	HAS
126	Elisa	Lovell	HAS
127	Charlotte	Cordy	HBS
128	Samantha	Hopes	HBS
129	Amicia	Lee	HBS
130	Lizzie	Strarup	HBS
131	Sarah	True	HBS
132	Sarah	Wigmore	HBS
133	Amy	Carroll	LEW
134	Alex	Lambert	LEW
135	Jessica	Lewis	LEW
136	Emily	Weaver	LEW
137	Sundai	Boulton	PHX
138	Alice	Crockett	PHX
139	Beth	Curtis	PHX
140	Stephanie	Dowd	PHX
141	Theresia	Gedin	PHX
142	Lauren	Horley	PHX
143	Rebecca	Sier	SS
144	Abigail	Fowlie	WDH
145	Rebecca	Moore	WDH
146	Brittany	Saville	WDH

1220 Under 15 Boys 4.4KM / 2.7Miles

**2005 Winner: George Bond (HAS)
Team: Phoenix AC**

147	Jamie	Crelin	B&H
148	Max	Letchfield	B&H
149	James	McCarthy	B&H
150	Joshu	Moore	B&H
151	Joshu	Mutch	B&H
152	Adam	Smith	B&H
153	Joe	Steel-Martin	B&H
154	Chris	Woolcott	B&H
155	Barney	Reed	BTS
156	Lewis	Adams	CHI
157	Mark	Cotton	CHI
158	Richard	Ford	CHI
159	Joe	Haywood	CHI
160	Ben	Holton	CHI
161	Tim	Kindlysides	CHI
162	Christy	Moore	CHI
163	Charlie	Morris	CHI
164	Adam	Pankhurst	CHI
165	Sam	Ravening	CHI
166	Harry	Richardson	CHI
167	Charlie	Roe	CHI
168	Sam	Roe	CHI
169	Aaron	Sells	CHI
170	Paddy	Wheatley	CHI
171	Matt	Wood	CHI
172	Tom	Button	CRA
173	Matt	Barber	EBR
174	Russell	Weir	EBR
175	Matt	Wentworth	EBR
176	Josh	Zahangir	EBR
177	Adam	Clarke	HAS
178	Liam	Head	HAS
179	Klark	Kirby	HAS
180	Oliver	Lee	HAS
181	Andrew	Woods	HAS
182	Nathaniel	Rowland	HBS
183	Jamie	Titshall	HHH
184	Joshua	Burgess	LEW
185	Owen	Gorringe	LEW
186	Louis	Gower	LEW
187	James	Hawkes	LEW
188	Matthew	Rethy	LEW
189	Matthew	Suter	LEW
190	Ashley	Williams	LEW
191	Lewis	Hards	PHX
192	Finn	McNally	PHX
193	Ewan	Richardson	PHX
194	Calico	Wells-Burton	PHX
195	Jon	Mason	STY
196	Michael	Di Laura	WDH
197	Jamie	Jacklin	WDH
198	Bradley	James	WDH
199	Tom	Marsden	WDH
200	James	Pearcy	WDH
201	James	Ward	WDH

1240 Under 17 Women 5.3KM / 3.3Miles

2005	Winner:	Emily Goodall (CRA)	
	Team:	Lewes AC	
202	Emma	Leeson	B&H
203	Zoe	Donnelly	CHI
204	Lydia	Growns	CHI
205	Becky	Hatch	CHI
206	Natalie	Hill	CHI
207	Ayesha	Miles	CHI
208	Amy	Richardson	CHI
209	Laura	Varnes	CHI
210	Jess	Douglas	CRA
211	Emily	Goodall	CRA
212	Claire	Stokes	CRA
213	Alex	Wentworth	EBR
214	Lucy	Baker	HAS
215	Rebecca	Gould	HBS
216	Annabelle	Hodgson	HBS
217	Frances	Parkes	HBS
218	Alice	Wait	HBS
219	Natasha	Collins	LEW
220	Jodie	Hallett	LEW
221	Becky	Hawkes	LEW
222	Belinda	Norris	LEW
223	Georgina	Rennie	LEW
224	Monica	Walton	LEW
225	Emily	Woodall	LEW
226	Sophie	Coleman	PHX

Under 17 Men Continued

256	Peter	Holland	HAS
257	Edward	Hooten	HAS
258	Paul	Vidler	HAS
259	Adam	Barlow	HBS
260	Nick	Boutal	HHH
261	Nathan	Fox	HHH
262	Matthew	Plunkett	HHH
263	Matthew	Basford	LEW
264	Nicholas	Hearn	LEW
265	Andrew	Wilkinson	LEW
266	Matt	Barrie	PHX
267	Timmy	Gedin	PHX
268	Carl	Grounds	SS
269	Mark	Burchett	WDH
270	Noel	Crack	WDH
271	Graham	Hill	WDH
272	David	Morris	WDH
273	Nathan	Newman	WDH
274	Adam	Stainsby	WDH

1330 Junior Men 8.2KM / 5.1Miles

2005 Winner: Tom Bilham (CHI)
Team: Chichester Runners & AC

1305 Under 17 Men 5.3KM / 3.3Miles

2005	Winner:	Sam Gillert (CHI)	
	Team:	Hastings AC	
227	William	Costa	B&H
228	Stephen	Denman	B&H
229	Max	Fryer	B&H
230	Chris	Spiegel	B&H
231	Dan	Titheradge	B&H
232	Ben	Walmsley	B&H
233	Ashley	Witcomb	B&H
234	James	Adams	BTS
235	Ricky	Garzia	BTS
236	Andrew	Wilkinson	BTS
237	Kieren	Carter	CHI
238	David	Cox	CHI
239	Matt	Craddock	CHI
240	Sam	Gillert	CHI
241	Aaron	Hancock	CHI
242	Duncan	Kennaugh	CHI
243	John	Leonard	CHI
244	Callum	Palmer	CHI
245	Sam	Parsons	CHI
246	Chris	West	CHI
247	Liam	Ward	CRA
248	Jonathan	Dennis	EBR
249	Chris	Dodd	EBR
250	Fraser	Weir	EBR
251	Toby	Woolley	EBR
252	David	Cooper	HAS
253	Stefan	Emary	HAS
254	Jason	Jeffery	HAS
255	David	Holland	HAS

201	Andrew	Donno	B&H
202	Luke	Lambourne	B&H
203	Tom	Bilham	CHI
204	David	Bourne	CHI
205	Ed	Bowers	CHI
206	Daniel	Cowtan	CHI
207	Jack	Dangerfield	CHI
208	Fraser	Deans	CHI
209	Paul	Hayward	CHI
210	Thomas	Leonard	CHI
211	Conor	McLarnon	CHI
212	Matt	Thompson	CHI
213	Chris	Johnson	CRA
214	Dave	Lambert	CRA
215	Anthony	Shaw	CRA
216	Alex	Dennis	EBR
217	Scott	Harris	EBR
218	Matt	Southam	EBR
219	Scott	Varney	EBR
220	Todd	Leckie	HAI
221	Simon	Baker	HAS
222	James	Rowden	HAS
223	David	Walton	HAS
224	Scott	Randall	HBS
225	Jonathan	Randle	HBS
226	Robert	Dunphy	HHH
227	Alex	Friend	HHH
228	Robert	Mullett	LEW
229	Joe	Isherwood	PHX
230	Dan	Stepney	PHX
231	Matthew	Dumigan	WDH

1330 Senior Men 11.8KM / 7.4Miles

2005 Winner: Andrew Robinson (HBS)
Team: Crawley AC

232	Ian	Smith	AAA
233	Martin	Booty	A80
234	Jonathan	Britten	A80
235	Colin	Bushby	A80
236	Mats	Gedin	A80
237	Niall	Griffin	A80
238	Mark	Gregory	A80
239	Colin	Hannant	A80
240	Julian	Hollingdale	A80
241	Gary	Jones	A80
242	Danny	Kolasinski	A80
243	Simon	Maggs	A80
244	Michael	Miller	A80
245	Dan	Street	A80
246	Roger	Ockenden	A80
247	Mark	Steene	A80
248	Martin	Airey	B&H
249	Richard	Airey	B&H
250	Sami	Al-Sakkaf	B&H
251	John	Baxter	B&H
252	Jason	Benniman	B&H
253	Shaun	Billing	B&H
254	Barry	Blackwell	B&H
255	David	Boyce	B&H
256	Bryan	Brett	B&H
257	John	Bristow	B&H
258	Matthew	Bristow	B&H
259	Kevin	Bush	B&H
260	Brian	Clark	B&H
261	Stephen	Dabson	B&H
262	Paul	Froud	B&H
263	Nigel	Gates	B&H
264	Paul	Illott	B&H
265	Keith	Newton	B&H
266	Josh	Painter	B&H
267	Paul	Prosser	B&H
268	Stephen	Rees-Jones	B&H
269	Andrew	Stiles	B&H
270	Louis	Taub	B&H
271	Gary	Timms	B&H
272	Tom	Ulliot	B&H
273	Neil	Walford	B&H
274	Peter	Witcomb	B&H
275	Oliver	Freeman	BTS
276	Stuart	Wilkinson	BTS
277	James	Baker	CHI
278	Amos	Belcher	CHI
279	Chris	Benham	CHI
280	Chris	Bird	CHI
281	Tony	Cooley	CHI
282	Jo	Corbett	CHI
283	Dave	Dorning	CHI
284	Joe	Foreshew	CHI
285	Jim	Garland	CHI
286	Alistair	Kennaugh	CHI
287	Mike	Lyons	CHI
288	Martin	Miller	CHI
289	Andrew	Moore	CHI
290	Richard	Moore	CHI
291	James	Pennicott	CHI
292	Philip	Peters	CHI
293	Ben	Pope	CHI
294	Terry	Slade	CHI
295	Keith	Toop	CHI
296	Mark	Warrington	CHI
297	Bob	West	CHI
298	Rob	Wiggins	CHI

Senior Men Continued

300	Terry	Barnes	CRA
301	Dave	Beattie	CRA
302	Jeremy	Carmichael	CRA
303	Chris	Cheeseman	CRA
304	Joel	Clewett	CRA
305	Matthew	Cowdrey	CRA
306	Viesturs	Dude	CRA
307	Tim	Ellis	CRA
308	Vince	Golding	CRA
309	Kevin	Holland	CRA
310	Louis	Jones	CRA
311	Joel	Kidger	CRA
312	Tim	Kimber	CRA
313	Dan	Maskell	CRA
314	Andy	Mitchelson	CRA
315	Jonathan	Mortimer	CRA
316	Mark	Parry	CRA
317	Dave	Rayner	CRA
318	Dave	Tibbles	CRA
319	Gavin	Thompson	CRA
320	Kevin	Battell	CRO
321	John	Lowden	CRO
322	Peter	Maddison	CRO
323	Roger	Stone	CRO
324	Bryan	Tapsell	CRO
325	James	Welbury	CRO
326	Matthew	West	CRO
327	Neil	Maxwell	EBR
328	Tony	Crossley	EGD
329	Ben	Ivorson	EGD
330	Lance	Quirico	EGD
331	Steve	Warner	EGD
332	Steve	Avery	HAI
333	Paul	Eccles	HAI
334	Bill	Fraser	HAI
335	Paul	Harris	HAI
336	Rob	Hodson	HAI
337	Tom	O' Shea	HAI
338	Paul	Payne	HAI
339	Roberto	Proietti	HAI
340	Andy	Ruffel	HAI
341	John	Taylor	HAI
342	Ben	Warren	HAI
343	Biniam	Ande	HAS
344	Dan	Anderson	HAS
345	Peter	Baker	HAS
346	Dean	Clusker	HAS
347	Nick	Lambert	HAS
348	Dale	Martin	HAS
349	Teklamariam	Meried	HAS
350	Henry	Mountcastle	HAS
351	Neil	Rothwell	HAS
352	Timothy	Atkin	HBS
353	William	Crawley	HBS
354	Christopher	Lee	HBS
355	Sam	Gillingwater	HHH
356	Tim	Popkin	HHH
357	Ben	Clark	PHX
358	Paul	Collicutt	PHX
359	Miles	Davison	PHX
360	Bruce	Faulkner	PHX
361	Brian	Friend	PHX
362	Andy	George	PHX
363	Josh	Guilmant	PHX
364	Andrew	Haig	PHX
365	Roland	Harrington	PHX
366	Nigel	Herron	PHX
367	Chris	Hough	PHX
368	Malcolm	Hughes	PHX

299	Gary Wright	CHI	369	Chris Isherwood	PHX
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Senior Men Continued

370	Malcolm Kemp	PHX
371	Neil Melville	PHX
372	James Miles	PHX
373	Matt Sorokin	PHX
374	Phil Carr	SS
375	Steve Dawson	SS
376	Dave Ellis	SS
377	Tom Glandfield	SS
378	Geoff Gray	SS
379	Gary Hatcher	SS
380	Dave Holden	SS
381	Tim Mottram	SS
382	Chris Piper	SS
383	Ryan Stewart	SS
384	Mark Taylor	SS
385	Malcolm Campbell	WDH
386	Matthew Cheal	WDH
387	Paul Franklin	WDH
388	Peter Lay	WDH
389	John McGrath	WDH
390	Steve Powell	WDH
391	Dave Roberts	WDH
392	Robin Stocker	WDH
393	Frank Ward	WDH
394	Mark Watson	WDH
395	Matthew Watson	WDH
396	Tuc Young	WDH
397	Edward O' Brien	WST
398	Peter Wirtzfeld	WST

Senior Women Continued

305	Judith Carder	B&H
306	Julia Downes	B&H
307	Elaine Everill	B&H
308	Diana Gorham	B&H
309	Amelia Hawkins	B&H
310	Amanda Hester	B&H
311	Jenny Hunt	B&H
312	Jeannette Kenneally	B&H
313	Camilla Moyle	B&H
314	Curstie Watts	B&H
315	Julia Westlake	B&H
316	Jenny Williams	B&H
317	Lucy Brooks	CHI
318	Susan Clarke	CHI
319	Tracy Jayant	CHI
320	Helen Pattinson	CHI
321	Jill Renson	CHI
322	Fiona Clark	CRA
323	Kirsty Fenn	CRA
324	Kate Kidger	CRA
325	Hayley Stanton	CRA
326	Elaine Wells	CRA
327	Sharon Whitby	CRA
328	Tanya Edmondson	CRO
329	Gill Stevenson	CRO
330	Brenda Styles	CRO
331	Nicky Watts	CRO
332	Sharon Wheeler	CRO
333	Samantha Alvarez	HAI
334	Jane Barlow	HAI
335	Sandra Butters	HAI
336	Julie Chicken	HAI
337	Maria Hillman	HAI
338	Louise Ogle	HAI
339	Charlotte Saunders	HAI
340	Julia Toby	HAI
341	Marion Underdown	HAI
342	Gill Wheeler	HAI
343	Mieke Howell	HAS
344	Yitka Martinova	HAS
345	Holly Wheeler	HAS
346	Louise Hoyte	HBS
347	Melanie Marlow	HBS
348	Helen Sissons	HBS
349	Rebecca Sissons	HBS
350	Wendy Spannagl	HBS
351	Elspeth Turner	HBS
352	Rachel Bruton	HHH
353	Helen Bullimore	HHH
354	Jenny Denyer	HHH
355	Julie Essex	HHH
356	Davina Davies	PHX
357	Lizzie Durman	PHX
358	Jane Edmonds	PHX
359	Liz Halliday	PHX
360	Erica Martin	PHX
361	Hildi Mitchell	PHX
362	Emma Satterley	PHX
363	Natalie Dawson	SS
364	Teresa Howell	SS
365	Fern Ketley	SS
366	Katy Oxborrow	SS
367	Jackie Webber	SS
368	Philippa Aukett	WDH
369	Deborah Cawdery	WDH
370	Philippa Challis	WDH
371	Susan Eames	WDH
372	Janice Lockyer	WDH
373	Lesley Rainger	WDH

1425 Junior / Senior Women 6.1KM / 3.8Miles

**2005 Winners J.W. Katy Moore (B&H)
S.W. Julia Downes (B&H)
Team Brighton & Hove City AC**

Junior Women

275	Florence Ray	B&H
276	Charlotte Browning	CHI
277	Jenni Harley	CHI
278	Jasmine Heard	CHI
279	Lauren Kennaugh	CHI
280	Sarah Garrett	CRA
281	Beth Langridge	CRA
282	Rachel Shram	CRA
283	Nicola Lydall	HAS
284	Eloise Lee	HBS
285	Harriet Delbridge	HHH
286	Rosie Elliot	HHH
287	Keely Gunn	PHX

Senior Women

288	Clare Aquilina	A80
289	Vicki Boyle	A80
290	Julie Briggs	A80
291	Tamar Coleman	A80
292	Julie Drake	A80
293	Jude Gregory	A80
294	Caroline Hoyte	A80
295	Jenny Hughes	A80
296	Fiona Jamie	A80
297	Amanda Linturn	A80
298	Geraldine Lipp	A80
299	Liz Lumber	A80
300	Chris Naylor	A80
301	Juliette Roberts	A80
302	Jaci Blackwell	B&H

303	Claire Brooks	B&H	374	Katherine Sheppard	WDH
304	Laura Burton	B&H	375	Dawn Badman	WST

TIMETABLE

11.30	Under 13 Girls	200m at start, 2 x Allotment	3.0 Km / 1.9 Miles
11.45	Under 13 Boys	200m at start, 2 x Allotment	3.0 Km / 1.9 Miles
12.00	Under 15 Girls	2 x Bowling Green, 2 x Allotment	3.9 Km / 2.4 Miles
12.20	Under 15 Boys	2 x Bowling Green, 1 x Allotment, 1 x Hill	4.4 Km / 2.7 Miles
12.40	Under 17 Women	1 x Bowling Green, 2 x Allotment, 1 x Hill	5.3 Km / 3.3 Miles
13.05	Under 17 Men	1 x Bowling Green, 2 x Allotment, 1 x Hill	5.3 KM / 3.3 Miles
13.05	(Approx.)	Presentation of Awards for the U/13 & U/15 Races	
13.30	Under 20 Men	2 x Bowling Green, 2 x Dew Pond	8.2 Km / 5.1 Miles
13.30	Senior Men	2 x Bowling Green, 3 x Dew Pond	11.8 Km / 7.4 Miles
13.45	(Approx)	Presentation of Awards for the U/17 Races	
14.25	U 20 & Senior Women	1 x Bowling Green, 1 x Hill, 1 x Dew Pond	6.1 Km / 3.8 Miles

Awards for remaining races will be made as soon as results are known.

LIST OF CLUBS

AAA	Army Athletic Association
A80	Arena 80 AC
B&H	Brighton & Hove City AC
BTS	Bodyworks XTC Tri Store
CHI	Chichester Runners AC
CRA	Crawley AC
CRO	Crowborough Runners
EBR	Eastbourne Rovers AC
EGD	East Grinstead AC
HAI	Hailsham Harriers
HAS	Hastings AC
HBS	Horsham Blue Star Harriers
HHH	Haywards Heath Harriers
LEW	Lewes AC
PHX	Phoenix AC
SS	Seaford Striders
STY	Steyning AC
WDH	Worthing & District Harriers
WST	Worthing Striders